

Hart Voluntary Action

JOB DESCRIPTION

TITLE:	Family Therapist
PROJECT:	HVA Family Therapy Service
ACCOUNTABLE TO:	Counselling Services Manager
STAFF REPORTING:	Nil

CONTEXT

The principal role of Hart Voluntary Action (HVA) is to promote the health and well-being of the voluntary sector throughout Hart District. This role is achieved through the delivery of: community development, membership support and volunteer brokerage. Additionally, HVA plays a role in identifying unmet gaps in provision, which it addresses through a number of projects. These roles/functions are delivered by a mixed team of full-time and part-time staff and volunteers, overseen by a Board of Trustees, themselves all volunteers.

HVA Family Therapy Service is one of HVA's services developed specifically to meet an identified need for family therapy in Hart and Rushmoor. This is a pilot service which will run until March 2022 and is being funded by Hampshire County Council. If the service is successful then we will be looking for further funding to continue running the service. The aim is to provide a service for families who have been identified by the Children's services Early Help Hub as requiring support as well as those families that chose to self-refer. Each family will be able to access family therapy sessions as well as individual Counselling or play therapy sessions as required. The family therapist will be part of a team, including a play therapist and volunteer or student Counsellors, who will provide this service. ***Counselling sessions continue throughout the year, including scheduled School holidays***

TASKS

The key tasks of this post are:

- To provide family therapy sessions including initial assessments.
- To keep appropriate client notes and statistics as required by HVA.
- To make referrals to other agencies where appropriate and liaise with other professionals when required, including Early Help Hub, GP's, staff in schools etc, after prior consultation with the Counselling Services Manager.
- To provide sessions throughout the year, including scheduled school holidays, or as directed.
- To attend and contribute at the monthly clinical GROUP supervision sessions. This is a condition of employment with HVA.
- Ensure that supervision guidelines are adhered to as laid out by your governing body.
- To work within the UKCP framework and code of ethics.
- To ensure that you have valid insurance cover in place which covers your work as a Family Therapist.

Within these generic tasks are the following specific tasks:

- To provide a set number of therapy sessions per week as per the employment contract, for families. The length of sessions will be 1 hour

- To conduct the initial assessments and to provide up to 10 therapy sessions for each family. Therapy sessions operate on a fixed number of sessions basis, with the option to extend after each, after which it will at the discretion of the project if therapy continues.
- Complete client paperwork and ensure this is returned to the Counselling Services Manager.
- To keep records for monitoring and evaluation purposes as directed by HVA.
- To act within the code and ethics of the UKCP and to follow the policies and procedures of Hart Voluntary Action.
- To work as part of a team.
- To carry out such duties and responsibilities as 121 Youth Counselling may require from time to time.

PERSON SPECIFICATION

	Attribute	Weighting
1	Education – Master Certificate and/or Professional Qualification in Family and Systemic Psychotherapy or equivalent.	Essential
2	United Kingdom Council for Psychotherapist (UKCP) membership or equivalent body membership	Essential
3	Experience of delivering therapy to families	Essential
4	Experience of carrying out assessments of the families need	Essential
5	Ability to build a rapport with the client and be flexible enough to adapt the counselling style to meet the clients' needs.	Essential
6	Discretion, ability to set and keep boundaries, and understanding of the importance of confidentiality	Essential
7	Experience of carrying out assessments and risk assessments.	Essential
8	Availability to work through the school holidays.	Essential
9	Car driver and access to own car	Essential
10	Ability and willingness to work as part of a team and to work on own initiative	Important
11	Good interpersonal skills	Important
12	Knowledge of or experience of working with the voluntary sector	Desirable

Updated: July 2021