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| **Request For Service Pack** | |
| **HYCA Logo SmallHYC Big Lottery.jpg**🖃 [youngcarers@hartvolaction.org.uk](mailto:youngcarers@hartvolaction.org.uk)  🕿 0800 87 86 500 / 01252 815652  http://www.winchester.gov.uk/assets/images/partner-logo/12504/hampshire-logo.png | **North Hampshire Logo** |

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| **Please read ALL the information below before making a referral** | **Done** |
| The Whole Family Approach |  |
| Defining a Young Carer |  |
| Identifying a Young Carer |  |
| Caring Tasks |  |
| Information Sharing |  |
| Useful Websites |  |
| Request For Service Pack |  |
| Checklist |  |
| **The Whole Family Approach** | |
| When assessing the support required by a young carer it is important to take into account the needs of the whole family and how these needs impact on one another. The *Whole Family Pathway* [www.youngcarer.com](http://www.youngcarer.com/pdfs/Whole%20Family%20Pathway.pdf) is a web based resource signposting practitioners to support for young carers and their families. Following the pathway will help you to understand the assessments and support available for young carers. There is a need to be sensitive to cultural perceptions and needs around disability, illness and caring whilst recognising a child’s fundamental rights to a safe and secure childhood.  A young person may be involved in the care of an adult or child if they have:   * a physical disability or sensory impairment * a learning disability * a long term illness * HIV/Aids * mental ill health * drug/alcohol-dependency   More information about the extent of the impact of the person’s condition on the family may be gained by asking the following questions:  1. Who helps to care for the person at home?  2. What effect does their condition and personal care needs have on the family?  3. Is there a child/young person in the family who helps to provide care?  4. How does this affect the child/young person physically, emotionally or educationally?  5. Is there any direct help that would support the young carer?  6. Does the parent need support in their parenting role?  7. What can be offered to help the whole family?  Some families may not know about the services or support available to them. Some families may be reluctant to involve agencies in their family situation or be fearful of acknowledging children’s caring roles. | |
| **Defining a Young Carer** | |
| *“Children and young people under the age of 19 who provide regular and ongoing care and emotional support to a family member who is physically or mentally ill, disabled or misuses substances”*  While most children and young people help parents to some degree some may be taking on caring responsibilities that are inappropriate for a child and that have a negative impact on their own well being. | |
| **Identifying a Young Carer** | |
| Inappropriate levels of caring impact on a child’s emotional and physical health as well as their educational achievement and life chances.  The following are examples of the effects on children and young people providing care who are not supported:   * Problems at school, with completing homework and getting qualifications * Lack of aspirations and career opportunities * Isolation from other children of the same age and from other family members, feeling that no one else understands his or her experience * Lack of time for play, sport or leisure activities * Conflict between the needs of the person they are caring for and their own needs leading to feelings of guilt and resentment * Lack of recognition, praise or respect for their contribution * Emotional impacts, such as worry, depression, self-harm   Some young carers experience being stigmatised or bullied and some may have behavioural difficulties. However, there are also positives for young carers who are well supported   * Increased Independence and maturity for their age * Advanced life skills such as a caring attitude or being a good listener * Increased knowledge of disability and illness | |
| **Caring Tasks** | |
| Some examples of the tasks young people undertake are:   * Household chores – including washing, cooking and cleaning on behalf of the whole family. * Personal care – such as giving medication, changing dressings, assisting with mobility. * Intimate care – washing, dressing and assisting with toilet requirements. * Emotional support – monitoring and meeting the emotional needs of the person. * Childcare – helping to care for younger siblings, including escorting to school, in addition to other caring tasks. * Other – household administration such as paying bills. Accompanying the cared-for person to hospital. Acting as a translator for non-speaking sensory impaired. | |

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| **Information Sharing** |
| Effective and timely information sharing between agencies and partners is critical to the provision of early intervention and preventative work; to support transitions; and, for safeguarding and promoting the welfare of young carers. We will expect practitioners to follow the seven “golden rules” for information sharing:   1. Understand Data Protection legislation is not a barrier to sharing information 2. Be open and honest 3. Seek advice when necessary 4. Share consent where appropriate 5. Consider the child’s safety and welfare 6. Gather and keep information that is necessary, relevant, accurate, timely and secure 7. Keep a record of information shared |

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| **Useful Websites** |
| North Hampshire Young Carers Project  [www.nhycp.org.uk](http://www.nhycp.org.uk)  Basingstoke Young Carers Project  [www.basingstokeyoungcarers.co.uk](http://www.basingstokeyoungcarers.co.uk)  Hart Voluntary Action  <http://www.hartvolaction.org.uk/index.php>  Hampshire Young Carers Project  [www.hyca.hampshire.org.uk](http://www.hyca.hampshire.org.uk)  Fruition Youth Project  [www.fruitionyouth.co.uk](http://www.fruitionyouth.co.uk)  The Gaming Zone Project  [www.thegamingzone.org](http://www.thegamingzone.org)  Hampshire County Council  <http://www3.hants.gov.uk/childrens-services/childrenandyoungpeople/youngcarers.htm>  The Children’s Society  [www.youngcarer.com](http://www.youngcarer.com/)  The Princess Royal Trust for Carers  <http://www.youngcarers.net/>  National Health Service  <http://www.nhs.uk/CarersDirect/young/young/Pages/Overview.aspx> |

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| |  | | --- | | **Request For Service Form** |   **Details of Young Person** | | | |
| Name |  | Male or Female |  |
| Age |  | Date of Birth |  |
| Young Person Address |  | Postcode |  |
| Landline |  | Mobile |  |
| School |  | Year |  |
| Head of Year |  | Tutor Name |  |

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| **Parent/Guardian Details** | | | |
| Full Name |  | Email |  |
| Address |  | | |
| Landline |  | Mobile |  |
| Signed |  | Date |  |

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| **Referrer Details** | | | |
| Organisation |  | | |
|  |  | Email |  |
| Full Name |  | Position |  |
| Landline |  | Mobile |  |
| Address |  | | |
| Signed |  | Date |  |

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| **Why do you think the young person is a Carer?** |
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| **Who are they Caring For?** | | | |
| Name |  | Relationship to Young Person |  |
| Age |  | Date of Birth |  |
| Nature of Illness or Disability | *(Please give as much detail as you can)* | | |
| Other Agencies already in place to support the cared for | *(Please give names and contact details of agencies involved)* | | |

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| **Young Person Views** | |
| Understanding of Illness or Disability | (Please give as much detail as you can) |
| Caring Activity | (This can be physical and/or emotional) |
| Impacts of Caring at Home | (This can be positive and/or negative) |
| Impacts of Caring at School | (This can be positive and/or negative) |
| Needs of Young Carer | (This can be time-out, someone to talk to etc…) |

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| **Request for service form Check List** | **Yes** | **No** |
| The young person is between 8 years and 19 years of age |  |  |
| The young person lives in the our project area |  |  |
| The young person is caring for a family member |  |  |
| The young person is aware of the referral |  |  |
| The parent is aware of the referral |  |  |
| The school is aware of the referral |  |  |

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| **Any Other Information** |
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| If you have ticked ‘No’ to Any of the questions in the Referral Check List **please** contact us  before making the referral |

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| **Please Return To** |
| G:\HVA Administration\Administration\Logos & Graphics\HVA\HVA Logo - TO USE - 06.02.12.png**Hart & Rushmoor Young Carers**  **Civic Offices, Harlington Way**  **Fleet, Hants GU51 4AE**  **🕿 0800 87 86 500**  **01252 815652**  **Email:** youngcarers@hartvolaction.org.uk |